



**The Gandhigram Institute of Rural Health
and Family welfare Trust**

Soundram nagar, Gandhigram Post, Dindigul -624 302
Tamilnadu



Annual Report
2018-2019

ANNUAL REPORT 2018-19



THE GANDHIGRAM INSTITUTE OF RURAL HEALTH & FAMILY WELFARE TRUST

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1. AN OVERVIEW

The Gandhigram Institute of Rural Health and Family Welfare Trust (GIRH & FWT) was established in the year 1964, with the financial support of Ford Foundation, Government of India and Government of Tamil Nadu, after a **Pilot Health Project** conducted by Dr. T.S. Soundram (founder of the Institute) during 1959 to 1964.

The experiments and achievements of the pilot health project provided the base for promoting further research and training in National Health and Family Welfare programs. Using a community approach, all programs of the Institute are integrated to form a strong net work for health promotion in the country.

The programs of the Institute can be broadly classified into **three areas viz., (1) Training, (2) Research and (3) Service.**

The Institute functions through Government programs such as:

Central Training Institute (CTI) for training of Regional level and District level and Primary Health care functions. In the field of training, the Institute has been adopting innovative training methodologies in in-service and professional training programs. Along with fulfilling the training needs of southern states, it extends its training support to other states also through its programs on Peer Education, Participatory Learning and Action Approaches.

Regional Health Teachers' Training Institute (RHTTI) for training of nursing personnel and its allied health functionaries in Community Health Nursing.

Population Research Centre (PRC) focuses its attention on various population issues like health outcomes and its relationship with health delivery system, implementation of various national health programs, etc by doing empirical research. The research findings of the Institute have served fruitful suggestions for program planners of Government of India. The Institute reports all its research findings regularly to the Central and State Government apart from publishing interesting findings as Research Bulletins.

The Institute has made an impact on:

- Reduction of population growth in the country
- Improvement of Material and Child Health and Family Welfare acceptance
- Prevention of AIDS
- Promotion of RCH concepts
- Promotion of sanitary practices

2. OBJECTIVES

The main objective of the Institute is to advance and accelerate Health, Reproductive and Child Health and Family Welfare programs at the State and National level by:

- **Conducting research studies** in the field of Rural Health, RCH and Family Welfare activities;
- **Organizing training programs** for Health, RCH and Family Welfare Program personnel within the State and personnel from other States; and
- **Developing** improved Health, RCH and Family Welfare practices.

Highlights of the year 2018 -2019



Independence day



LASI Project Training



Republic day



Pongal Celebration



Gandhi Jayanti celebration

1.1. From the Director's Desk

Being one among the premier public health training and research institutions in the country. The Gandhigram Institute of Rural Health and Family Welfare Trust (GIRH & FWT) has crossed many milestones in serving rural population in health, education and services.

Our institute consists of **two major wings** viz., **Training** and **Research**. Training wing comprises **(i) Central Training Institute (CTI)**, which includes Central Unit (CU), Department of Health Promotion & Education (DHPE), Health & Family Welfare Training Centre (HFWTC) and Administrative Unit (AU); **(ii) Regional Health Teachers' Training Institute (RHTTI)**. Research wing consists of **Population Research Centre (PRC)**. These wings conduct various long term and short term training programs and research studies assigned by Central and State Governments regularly. Apart from this, our institute conducted adhoc training programs funded by national council, UNFPA, USAID, UNICEF, TANSACS, TNHSP, IIPS/GOI etc.



The P.G. Diploma in Health Promotion and Education Course is affiliated with the Tami Nadu Dr.M.G.R. Medical University, Chennai. It is a one year professional and residential course. We had admitted 9 students for the year 2018-19 (55th batch), representing one from Nepal, two from Odisha, one from Andhra Pradesh, one from Sikkim and four from Tamil Nadu for the P.G. Diploma in Health Promotion and Education course in the month of October 2018.

During the year 2018 – 2019, the Health and Family Welfare Training Centre of the Institute engaged in various short – term training programs funded by NHM. A total of **1445** personnel were trained in **68** batches.

Also we have three batches of DMLT students (45 in no.) who are undergoing their course under our DME, Tamil Nadu. For the Academic year 2018-19.

In RHTTI in the year 2017 – 18 we have completed the training of VI Batch of Health Visitors course by October 2017 and started the VII batch with 16 candidates. They completed the course by April 2019. Short term training courses were imparted for the nursing students (both UG and PG) from nursing colleges of Tamil Nadu, Kerala, Puducherry and Karnataka. A total of 765 nursing students and carried the message and the vision of our Gandhigram.

In our PRC, various research studies had been completed during the year 2018–19 which were 1) monitoring implementation of the programs under National Health Mission progress of PIP in PIP monitoring visits – 2 districts in Tamil Nadu and 9 districts in Madhya Pradesh and One in the Union Territory of Lakshadweep 2) Evaluation of Program Implementation Plan (PIP) under NRHM in Lakshadeep 3) Levels and Trends in Causes for Infant and Child Mortality in Tamil Nadu 4) Menstrual Hygienic Management among Adolescent School Girls in Tamil Nadu 5) Nutritional Status of Adolescent Girls in Tamil Nadu 6) A Study on Implementation of Universal Health Coverage (UHC) in Tamil Nadu 7) A Study on Mainstreaming AYUSH in Tamil Nadu.

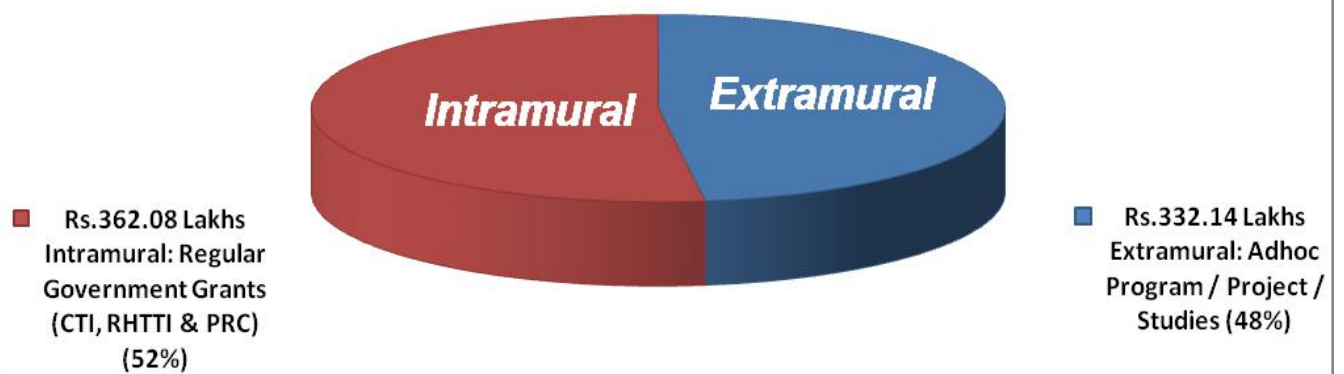
The Media Department of our Central Unit has trained 753 personnel of various health functionaries on communication and IEC skills. Regular classes were taken for 1057 participants of long term and short term trainings of the institute.

We, in our institute, through continuous efforts and dedicated service, educate and train the personnel in rural health and conduct relevant researches and are stepping towards upliftment of rural population realizing the vision and objectives of our founder chairman Dr. T.S.Soundram Amma.

Dr. S. SEETHALAKSHMI
DIRECTOR

1.2. GIRH & FWT Revised Estimate

GIRH & FWT., REVISED ESTIMATE 2018-2019



2. PART – I

BACKGROUND OF POPULATION RESEARCH CENTRE

Population Research Centre, Gandhigram is one of the 18 Population Research Centres (PRC) promoted by the Government of India (Ministry of Health and Family Welfare). It is attached to the Gandhigram Institute of Rural Health and Family Welfare, (GIRH & FWT), Dindigul District, Tamil Nadu and functions as the Research Unit of the Institute. The Institute, an autonomous body under the Ministry of Health and Family Welfare, is governed by a Board of Trustees comprising of eminent personalities in public life and learned professionals in the field of Public Health, Demography, Population, Rural Development, Nutrition and Family Welfare. The Chairman of the board implements policy decisions through a full time Director who is also the member secretary of the Trust.

PRC is the mainstay of all the research programs of the Institute. The Institute commenced its research activities in the form of an action research through a Pilot Health Project in Athoor block during 1959. In the year 1961, Government of India sanctioned the Family Planning Communication and Action Research Centre (FPCAR) to the Institute to enable it to undertake research programs on various aspects of Family Planning programme implementation. Later, the FPCAR was upgraded and renamed as Population Research Centre. In 1980 the PRC was upgraded as a fully developed centre (Type I PRC) with 17 well experienced technical staff and six supportive staff (Annexure-I). The Director General (Statistics) in the Ministry of Health and Family Welfare, Government of India is responsible for the functioning of all 18 PRCs in the country and PRC, Gandhigram is one among them.

The geographical jurisdiction assigned to the PRC by the Ministry of Health and Family Welfare, Government of India is the state of Tamil Nadu and the Union Territory of Puducherry. However, the PRC activities extend beyond Tamil Nadu to neighboring States / Union Territory such as the Andaman and Nicobar Islands and Lakshadweep. Apart from regular and ad-hoc grants from Government of India, the PRC also undertakes studies funded by other agencies such as Government of Tamil Nadu, ICMR, UNICEF, DANIDA, USAID, Population Council, Ford Foundation,

UNFPA, WHO, IDRC, PATHFINDER International and NACO/APAC. In addition, the centre is involved in many other activities of its parent body (GIRH & FWT) such as teaching the students of Diploma in Health Education, Nursing and other in-service health training programs apart from consultancy and implementation of special programs.

The Population Research Centre also functions as a support centre for the Government of Tamil Nadu in implementing various health and family welfare programs and Health Management and Information System (HMIS), Mother and Child Tracking System (MCTS) in the State and provides valuable information on program performance apart from making suggestions on various measures to improve its performance. Periodic meetings are arranged with the state and district level health officials to disseminate the research findings of PRC. State level seminars were organized in 1996 and in 2000 to disseminate the research findings of National Family Health Survey – I and Rapid Household Survey – Reproductive and Child Health and other projects undertaken by PRC. The research activities of the PRC including the studies undertaken, performance and findings are discussed with the members of the board of trustees during the board of trustees meetings.

The Population Research Centre, Gandhigram, committed to undertake 6 research studies on various topics during 2018-19. Apart from the regular research work, the centre was assigned with monitoring implementation of the programs under National Health Mission in 9 districts in Madhya Pradesh and 2 districts in Tamil Nadu and one in the Union Territory of Lakshadweep. Work completed during the year and the major findings is described in the following pages.

PART – II

2.1. ACTIVITIES OF POPULATION RESEARCH CENTRE YEAR 2018-2019

2.2. A. RESEARCH STUDIES COMPLETED

Name of the Study	Evaluation of Program Implementation Plan (PIP) under NRHM in Vellore and Tiruvannamalai Districts of Tamil Nadu State
Funding Agency	Ministry of Health and Family Welfare, Government of India
Name of the persons	N. Dhanabaghyam and A.P.Jeyasree, Y. Kousalya julie
Objectives	To assess the implementation of Program Implementation Plan NRHM in the districts of the State.
Period	June, July 2018
Sample	One District Hospital, one sub-district hospital, one CHC, One PHC and Health Sub-Centre's
Progress	Completed
Findings	Infrastructure is good. Manpower is good except availability of Physician and radiologist and in specialties. Shortage of paramedics especially, nursing staff. Functioning of various Committees are recorded and frequent supervisory visits of the higher officials are reported.

Name of the Study	Evaluation of Program I
Funding Agency	Ministry of Health and Family Welfare, Government of India
Name of the Persons	S.Ravichandran, N.Dhanabaghyam, N.Kala, Y.Kowsalya Julie, V.Saravanakumar, M.Senthil Kumar
Objectives	To assess the implementation of Program Implementation Plan NRHM in the districts of the State.
Period	June-October 2018
Sample	One District Hospital, one sub-district hospital, one CHC, One PHC and Health Sub-Centre's
Progress	Completed
Findings	Infrastructure development is in progress in many of the districts visited. One district has utilized the spare space available for generating revenue and constructed the Sub-District hospital without depending on NHM funds. Shortage of Health Human resource, particularly, specialists and Para-medical staff, Staff Nurse, Lab technicians are the stumbling blocks in realizing the health goals. Many institutions are not approachable easily due to lack of public transport services. The Drug supply has been streamlined after introducing e-aushadhi system.

Name of the Study	Evaluation of Program Implementation Plan (PIP) under NRHM Lakshadweep
Funding Agency	Ministry of Health and Family Welfare, Government of India
Name of the Persons	S.Ravichandran and V.Saravanakumar
Objectives	To assess the implementation of Program Implementation Plan NRHM in the districts of the State.
Period	July 2019
Sample	One Sub-District hospital, One PHC, HSCs and ASHAs
Progress	Completed
Findings	The Sub-District Hospital is under PPP operation and functioning well. The clients are fully satisfied with the services delivered. The ASHAs are helpful in early registration of pregnancies, ANC, Immunization and other health related activities. The Tele-medicine system has to be revived, considering the geographical location of the islands and shortage of medical specialists. Availability of Helicopter Services for emergency evacuation are a good practice.

Name of the Study	Levels and Trends in Causes for Infant and Child Mortality in Tamil Nadu
Name of the Persons	N. Dhanabaghyam, N. Rajakumar, B. Karthi and M. Murugesan
Funding Agency	Ministry of Health and Family Welfare, Government of India
Objectives	1. To identify the causes for infant and child mortality in Tamil Nadu. 2. To assess the levels and change of trend in the causes for the infant and child mortality.
Period	April 2018 – June 2018
Data/Sample	Secondary data analysis- HMIS
Progress	Completed
Findings	<p>Low birth weight of the baby, birth asphyxia and neo-natal sepsis are the reasons for the neo natal deaths. Neonatal deaths due to low birth weight of the baby increased considerably and birth asphyxia and neo- natal sepsis drastically declined. Eleven per cent of the post neonatal deaths are due to pneumonia and one per cent by infections and parasitic infections like fever. Eighty six per cent of the post neo-natal deaths were due to other causes such as congenital malformations, deformations, and chromosomal abnormalities, prematurity and other perinatal causes. Deaths due to diarrhea and pneumonia were declined considerably and measles shows a 100 per cent decline. Low birth weight and birth asphyxia are the leading causes for one-fifth of the infant deaths.</p> <p>Recommendations:</p> <ol style="list-style-type: none"> 1. Cause for low birth of the infant has to be identified and ANC services have to be strengthened to reduce the low birth weight of the baby. 2. District specific programs/intervention has to be introduced/implemented according to the cause of death.

Name of the Study	Menstrual Hygiene Management Among Adolescent School Girls in Tamil Nadu
Persons Involved	N. Dhanabaghyam
Funding Agency	Ministry of Health and Family Welfare, Government of India
Objectives	To assess the status of knowledge and practice of menstrual hygiene Management among adolescent school girls and to identify the unmet and priority needs related to MHM.
Period	July 2018- December 2018
Data/Sample	Research design- School based cross sectional descriptive study Tool-Interview schedules. Area- Perambalur and Thiruchirapalli districts in Tamil Nadu Sampling- Primary sample. Multistage random sampling Sample size- 416 adolescent school girls.
Progress	Completed
Findings	One-fourth of the adolescent school girls had knowledge on menstruation and related body changes before they attain their first menstrual period. Family (mother and sisters) is main source of knowledge provider on puberty symptoms / body changes, onset of puberty, usage of sanitary napkin/blood absorbent and disposal, and foods to be taken and avoided during menstruation. Disposable sanitary napkins are the only absorbent used to manage menstrual bleeding. Knowledge on personal hygiene during menstruation is good. Sanitation facilities are available in schools but privacy is questionable and majority of the students face problems for changing sanitary napkins at schools because of water scarcity, inadequate number of toilets, and lack of privacy. Discussion about menstruation and menstrual hygiene among students is less due to some cultural constrains. Knowledge on menstrual health problems is less and are eager to know about menstrual health problems and reasons for the problems, and questions on cultural constraints on restriction of certain foods, restriction to mobility and separation are raised. .

Name of the Study	Nutrition Status of Adolescent Girls in Tamil Nadu
Persons Involved	N. Dhanabaghyam
Funding Agency	Ministry of Health and Family Welfare, Government of India
Objectives	To assess the nutritional status of adolescent girls in the schools and to find out the underlying factors that affects their nutritional status.
Period	January 2019- March 2019
Data/Sample	Research design- School based Cross sectional descriptive study. Area- Perambalur and Thiruchirapalli districts in Tamil Nadu Sampling- Primary sample . Multistage random sampling Sample size- 416 adolescent school girls.
Progress	Completed
Findings	Mean body mass index of the adolescent students is 18.7 (Range 16.2 to 19.2). Nine percent were mildly/ moderately underweight. Ten percent had over weight or obesity and seventy- three percent were

Normal. Twenty-four percent of the urban adolescent students were under nourished compared to 13 percent of the rural adolescent students. A higher proportion of adolescent students in the private/aided school, students studying in girl's school and students from urban had overweight/obese than students from government schools, co-education schools and rural. Underweight/Malnutrition and overweight/obesity are equally prevailing. Socio—economic barriers not makes much significant effect on nutritional status of adolescent girl students, except father's occupation and income. Reason for the prevalence of malnutrition as well as obesity in the higher economic status has to be studied. Effort has to be taken to prevent adolescent obesity through proper health and nutrition education.

Name of the Study	A Study on Mainstreaming AYUSH in Tamil Nadu
Funding Agency	Ministry of Health and Family Welfare, Government of India
Name of the Persons	S. Ravichandran, N. Kala
Objectives	To describe the progress of mainstreaming AYUSH and Traditional Health System in Tamil Nadu
Period	February-May, 2019
Sample	Dindigul district has been selected for the study. Health facilities with co-located AYUSH services were visited. In-depth interviews with the service providers and FGDs with the clients were conducted. Secondary data available were analysed.
Progress	Completed
Findings	<p>The stand alone AYUSH dispensaries have been co-located with the PHC/CHC/SDH/DH. Adequate seats in UG and PG in various systems of AYUSH have been created and are added whenever need arises. Degree/diploma in AYUSH pharmacy is also conducted. A separate Directorate looks after the development of AYUSH and Traditional Medicine in the State. Tamil Nadu Medical Plant Farms & Herbal Medicine Corporation Limited (TAMPCOL) is responsible for procurement and supply of required AYUSH drugs to the dispensaries/clinics. At the health facilities, AN mothers who visit PHC/CHC on AN Clinic days are referred to the AYUSH clinic, where they get 'mahaperu pettagam' consisting of AYUSH products specific to each trimester. Also, patients with specific health problems like skin diseases, musculo-skeletal problems, Arthritis and ageing related problems are seeking remedies from the clinic. Short supply of drugs and other therapeutics is reported. In some facilities, equipments for oil massage, steam bath, mud bath and physical exercises are</p> <p>Provided. But lack of space is reported for putting in use of these equipments. The quantity of oil supplied for oil massage</p>

(Pilichal) is not enough to meet the existing demand. Like in bio-medicine, no treatment protocol is available. In the District hospital separate building has been provided for the Yoga and Naturopathy. Clients are happy about the facilities provided at the centre and also realize that the medicines do not have side- effects but complain of slow process of cure. Shortage of medical and para-medical staff needs to be addressed. The other further steps are required to mainstream the AYUSH along with bio-medicine in Tamil Nadu.

Name of the Study	A Study on Implementation of Universal Health Coverage (UHC) in Tamil Nadu
Funding Agency	Ministry of Health and Family Welfare, Government of India
Name of the Persons	S. Ravichandran, N. Rajakumar, B. Karthi and M. Murugesan
Objectives	To assess the progress of UHC in one of the pilot block and compare with the non-UHC area to understand the outcome of the implementation
Period	February – April, 2019
Area of study	Pilot Block of Viralimalai (21 HSCs) in Pudukkottai district of Tamil Nadu and the neighboring Annavalasal block (22 HSCs) Were selected.
Progress	Completed
Findings	The infrastructures of the HSCs in the Viralimalai block have been well developed. Second Village Health Nurse (VHN) has been posted in all the HSCs. The ASHA program is not implemented in this district. Each HSC is sanctioned one Woman Health Volunteer to help in the NCD program at community level. The OP registered numbers in the registers and the Tablet were not matching. Entry in the UHC portal in tablet is lacking. The VHNs are deputed to the PHC/CHC regularly, two days in a week, to meet the staff shortage at the higher level institutions. This leads to dissatisfaction of the clients of the HSC area. However, the clients are happy that a staff is available at the HSC, whenever there is a need. Drug supply is regular; the NCD drugs are delivered at the HSC, reducing OOPS for the patients. However, monitoring of the service delivery and plan for effective service delivery are lacking. Coordination with other line departments is missing. Overall, preliminary steps have been taken to implement Universal health coverage.

Name of the Study	Disability in Tamil Nadu: Levels and Inter-district Variation
Funding Agency	Ministry of Health and Family Welfare, Government of India
Name of the Persons	S.Ravichandran, V.Saravanakumar
Objectives	To assess the levels of disability and the inter-district variation in Tamil Nadu
Period	March-April, 2019
Data	Secondary data from Census 2011
Progress	Completed
Findings	<p>As per 2011 Census, there were 1179963 persons were recorded as disabled (1.6%) of population. It works out to 1635 persons per 100,000 populations in the State. Disability in movement, hearing and sight were the major disabilities recorded. Out of the 32 districts, in 16 districts the disability rate was higher than the state average. As age advanced the disability rate too increased. In rural, illiterate, unmarried, Scheduled castes and unemployed population the disability rate was higher. Multiple disabilities were high in the age group 0-19 years.</p> <p>The RBSK programme should take into account the high level of prevalence of disability among the child/Adolescent population and focus on identifying and addressing the movement, hearing and sight related disabilities at an early period in life. Similarly, the National Program of Health care of Elderly should aim at reducing the problems encountered by the aged, 60 and above, like disability in movement, hearing and</p> <p>Sight with appropriate program inputs.</p>

2.3. C. PROPOSED STUDIES

C.1. Research Studies Proposed for 2019-2020

C.1.1 Regular studies

1. PIP monitoring of 50 districts in Tamil Nadu, Andhra Pradesh, West Bengal, Tripura and Nagaland
2. Assessment Of Health And Wellness Centre in Five Districts in Tamil Nadu
3. Assessing the efforts of Public Health Facilities under Kayakalp Award scheme in Tamil Nadu.
4. Concurrent Evaluation of Home Based Newborn Care in Tamil Nadu.

2.4. D. OTHER ACTIVITIES

D.1 Teaching by PRC Staff

PRC staff are involved in teaching Demography/Population & Health Policies, Statistics, Research Methodology, Health Economics, RCH, NRHM and other Health Programmes to the long-term and short term trainees of other departments of the Institute.



2.5. Additional Project

Longitudinal Ageing Study in India (LASI) Main wave-I

Longitudinal Ageing Study in India (LASI) Main wave-I was successfully completed for the states of Andhra Pradesh and Telangana funded by Ministry of Health and Family Welfare (MoHFW), Government of India through International Institute of Population Sciences (IIPS). The budget for the conduction of this study for the above said states were Rs.74,12,000/- and Rs.74,12,000/- respectively. This study expected to be conducted every 2 years for the period of 25 years. The results of the LASI expected to be disseminated to the research community in India and around the world for the effective formulation of policies.

The objectives of the study,

- To provide comprehensive and scientific data on the health, economics and social challenges of aging population
- To help in formulating mid and long-term Government policies and programmes for aging population
- To address the health, economics and social challenges of aging population

Under this study, 4000 men and women aged 45 years and above from these two states were covered and collected data on the following areas :Housing, Household Income, Consumption, Assets and Debts, Health Insurance, Demographics, Family and social networks, social welfare schemes, Health Care Utilization, Work, Retirement and Pension, Bio markers such as anthropometric data and blood samples. These collected data will be sent to IIPS, Mumbai for further analysis and dissemination.

Also LASI Study was successfully completed for Tamil Nadu and Union Territory of Puducherry during 2016-17.



Dr.S.Seethalakshmi, Director, GIRHFWT addressing, during State Level Training to Field Staff



Interaction with the field staff of Andhra Pradesh and Telangana states

3. TRAINING

3.1. CENTRAL TRAINING INSTITUTE (CTI)

Introduction

The Central Training Institute (CTI) is the major stay of most of the training programs conducted in the Gandhigram Institute of Rural Health and Family Welfare Trust. The Government of India recognized the Institute as one of the seven CTIs in India during the year 1973 with the objective to provide guidance for the teaching faculties of the health and family planning training centers and the central family planning field units in the four southern states i.e. Tamil Nadu, Andhra Pradesh, Karnataka and Kerala. The responsibilities are to:

- Train District level extension educators from Tamil Nadu, Andhra Pradesh, Karnataka, U.T. of Pondicherry and Kerala as well as extension educators employed by Ministry of Defense and Railways in the southern zone.
- Provide technical guidelines to the regional family planning training centers and the central family planning fields units in the southern zone.
- Perform duties assigned by the Ministry according to the program needs.

Nature of training Programs

All the training programs basically to enhance knowledge, attitude, Skills in technical and managerial aspects of health and its related areas and to provide technical guidance and assistance to the HFWTCs in the states allotted.

These training programs are short-term period, ranges from one week to four weeks for the categories of

- Trainers of training Institutions viz. HFWTCs, ANM training schools, etc.
- District level medical personnel
- District level paramedical personnel

Need based special training programmes are being conducted for the program personnel of

- Ministry of Railways/Defense
- Voluntary organizations/NGOs

The Central Training Institute of our institute consists of Central Unit (CU), Health and Family Welfare Training Centre (HFWTC), Diploma in Health Education (DHE) and Administrative Unit. The CTI conducts short and long-term training in health promotion and education, health communication and produces educational/media materials for outreach programs. It has an integrated teaching Faculty for the Health and Family Welfare Training Centre, Diploma Course in Health Promotion Education and the Central Unit. The CTI consists of the following units:

3.1.1. Central Unit: Conducts capacity building training programs on Health Communication and Management for the teaching faculties of Regional Training Centres, District Level Extension Educators and other health personnel of Government and Non Governmental Organizations.

Health and Family Welfare Training Centre (HFWTC): organizes training programs for the sub-district level health personnel of various categories.

Health Promotion and Education unit conducts one year Post Graduate Diploma in Health Promotion and Education course for the health professionals working in Government and non-Government sector

3.1.2. CENTRAL UNIT (COMMUNICATION & MEDIA)

I) MAJOR OBJECTIVES OF THE MEDIA DEPARTMENT:

- Train long and short term trainees on communication;
- Develop communication strategy for Health and Family Welfare program implementation; and
- Develop IEC/BCC materials to the requirements of Central/State Governments, area projects, and NGOs on Health and Family Welfare themes.

The activities carried out by Media division of the central unit during this year are presented categorically

1. Teaching work:

Media Division's staff handled classes on communication and Media related subjects to the following categories of trainees

S.N,	Category of trainees	Number of participants
1	Medical officers	299
2	M.Sc.(N) students	31
3	B.Sc.(N) students	629
4	Health visitors (Female)	15
6	DGNM students	31
7	Health educators	09
8	NGO personnel	13
9	CPHN students (Karnataka)	30

2. Training programs organized by Media division

1.1 Workshop on Communication Methodology & Transfer of Technology

A three days workshop on Communication Methodology & Transfer of Technology was organized for the B.Sc., Horticulture students of RVS Padmavathy College of Horticulture, Sempatti. 40 Students Participated in this workshop from 27.02.2019 01.03.2019. The Participants were taught about the various communication methodologies. They were also trained to effectively use Media for the transfer of Technology to the rural community.

2.2 Training on Communication and Education Technology

Training on Communication and Education Technology was organized for the Nursing students from the following colleges of Tamil Nadu.

S.No	Name of the College	Category Trained	Period	Number of Participants
1	Aurobindo college of Nursing, Karur, Batch I	B.Sc., (N)	11.03.2019 to 13.03.2019	25
2	Aurobindo college of Nursing, Karur, Batch II	B.Sc., (N)	14.03.2019 to 16.03.2019	21
3	Saveetha college of Nursing, Thandalam, Batch III	B.Sc., (N)	25.03.2019 to 27.03.2019	24
4	Saveetha college of Nursing, Thandalam, Batch IV	B.Sc., (N)	28.03.2019 to 30.03.2019	23
5	Saveetha college of Nursing, Thandalam,	M.Sc., (N)	28.03.2019 to 30.03.2019	02
6	Apollo College of Nursing, Madurai. Batch I	B.Sc., (N)	06.02.2019 to 08.02.2019	35
7	Apollo College of Nursing, Madurai. Batch II	B.Sc., (N)	13.02.2019 to 15.02.2019	35
8	Apollo College of Nursing, Madurai. Batch III	B.Sc., (N)	20.02.2019 to 22.02.2019	29
9	Bharath College of Nursing, Palani.	B.Sc., (N)	03.01.2019 to 05.01.2019	44
10	Saveetha College of Nursing, Thandalam Batch II	B.Sc., (N)	23.01.2019 to 25.01.2019	24
11	Saveetha College of Nursing, Thandalam	M.Sc., (N)	23.01.2019 to 25.01.2019	01
12	Apollo College of Nursing, Madurai. Batch II	B.Sc (N)	29.11.2018 to 01.12.2018	23
13	Sacred Heart College of Nursing, A.Vellodu. Batch I	B.Sc (N)	10.12.2018 to 12.12.2018	23
14	Sacred Heart College of Nursing, A.Vellodu. Batch II	B.Sc (N)	13.12.2018 to 15.12.2018	24
15	Sri. K. Ramachandran Naidu College of Nursing, Tirunelveli	B.Sc (N)	12.11.2018 to 14.11.2018	59
16	Chithirai College of Nursing, Madurai. Batch I	B.Sc (N)	15.11.2018 to 17.11.2018	25
17	Chithirai College of Nursing, Madurai. Batch II	B.Sc (N)	19.11.2018, 20.11.2018 & 22.11.2018	27
18	Apollo College of Nursing, Madurai	B.Sc.,(N)	26.11.2018 to 28.11.2018	23
19	Bharath College of Nursing, Palani	DGNM	15.10.2018 to 17.10.2018	19
20	Saveetha College of Nursing, Thandalam	B.Sc (N)	24.10.2018 to 26.10.2018	25
21	Velammal College of Nursing, Madurai	B.Sc (N)	29.10.2018 to 31.10.2018	26
		Total number of students trained		537

2.3 Workshop on Nursing Research and Statistics

Three days workshop on Nursing Research and Statistics was organized for the IIIrd Year B.Sc., Nursing students from Velammal College of Nursing, Madurai. 45 Students

Participated from 05.12.2018 to 07.12.2018. The Participants were taught about the Principles of Nursing Research and the Statistical inputs needed to do a health research.

2.4 Media Skill lab for Health Visitor Course (Promotional Training for ANM/MPHW(F) students

Media practical training was conducted to help the trainees to understand the importance of audio visual aids in health education. They learned to produce posters, flannel graphs, etc. This practical training helped the trainees to design and prepare low cost teaching aids which can be used for community health education programs. Fifteen (15) students from promotional course participated in this program from 04.03.2019 to 06.03.2019.

2.5 Training on Preparation on Teaching Aids

Three days training on **Preparation on Teaching Aids** was organized for the B.Ed., students from MVM Chellamuthu Alagurathinam College of Education, Dindigul. 21 Trainee Teachers Participated from 01.11.2018 to 03.11.2018. The Participants were taught to improve their teaching skills using various types of Educational aids. They were also trained to prepare low cost teaching aids.

2.6 Training on Health Communication

Fifty (49) B.Sc. (Nursing) students from Christian College of Nursing, Ambilikkai, attended one-day specialized training on **“Health Communication”** in Media department on 07.05.2018. Classes were taken on Communication, IEC, Audio Visual Aids, and Puppets. Various strategies of community health education were taught to the students.

2.7 Workshop on Preparation of Teaching/Learning Materials

Based on the request from the Home science department of Gandhigram Rural Institute (Deemed University), Gandhigram, a three day workshop on **Preparation of Teaching / Learning Materials** was organized. for B.Sc. Home Science students.

From 02.02.2019, 04.02.2019 and 05.02.2019. Totally 35 final years B.Sc students participated in this workshop

2.8 Workshop Health on Communication

A Workshop on Health communication was organized for the M.Sc Nursing students from Christian college of Nursing, Neyyoor. Eleven students were trained on Health communication strategies and effective use of educational media from 27.06.2018 to 29.06.2018.

3.DETAILS OF OTHER WORK

- Display of IEC messages on National Health days
- Initiation of EoI for the project titled as “Selection of an agency for developing IEC strategy and implementation plan for the Nai manzil- education and skills training for minorities project”
- Preparation of pre/post test questionnaire
- Letters sent to Nursing college for IEC trainings
- IEC display for International Yoga day
- Content development for flash cards
- Annual report compilation work
- Letters to Nursing Colleges for Health communication training
- Poster preparation for welcoming the Vice president of India
- Photo documentation for clean and green India Campaign
- Discussion with the Project coordinator of Indian Institute of Human Settlement regarding the training on Fecal Sludge Management
- Discussion with the Nursing Colleges regarding Capacity Building Training
- Finalization of Annual report the Ministry
- Preparation of Media division’s Budget Estimate to be submitted to the Ministry of Health and Family Welfare, Government of India.
- Preparation of the list of Audio Visual equipments needed for Health and Family Welfare Training Centre.
- Preparation of Central Training Institute’s Half yearly work report to the Training Division, Ministry of Health and Family Welfare, Government of India.
- Discussion with the Horticulture College for Training programs.
- Performance report submitted to the Ministry of Health and Family Welfare, Gol.
- Question paper setting for Health Visitor course
- Discussion with the Home Science Department for Training programs.
- Sale of IEC materials for Southern railways
- Planning work for IEC three months training to the Health Educators

4. SUPPORT SERVICE

The Media division did the following support service to various activities of the institute

- Identity card designed & printed - 181
- Banner designing -1
- Photo documentation - 593

- LCD arrangements for classes –442
- PA system arrangements – 419
- Film show – 14
- Poster designing – 302
- Pamphlet designing, flex designing for summer course
- Flex banner designing and printing – 6(chart)
- Thermocol models – 38
- CCTV camera arrangement of DHPE Exam
- University Examination hall arrangements (CCTV, Metal Detector, Mobile Phone Jammer)
- IEC materials desiing-65
- Stock verification
- Poster/cover page/model preparation for in-house training-87
- Group photo designing work - 76
- Photo printing -240
- Paper puppets-50
- Socks puppets for Home science students training-10
- Video show -12
- Flex printing -60
- LASI (Longitudinal Ageing study in India) Project Maps documents -305
- LASI Project Field staff ID cards -46
- CD Writing work -04
- Puzzles Preparation -05
- AV aids support for LASI project and Immunization training
- Drawing class for children's home
- Photo Documentation for IRT (SHN,VHN) NSSk Training – 33 Session
- Founder's portrait photo designing and printing
- Media arrangements for independence day
- Annual report cover page designing
- Annual report editing work
- Group Photo designing for the Medical officers of Managerial Skill Training
- Servicing of Public Address System
- IEC materials supply to RHTTI school health program
- Matching card preparation – 18
- Power point preparation – 02
- IEC materials supply to Health Education programme in community

CTI - CU - MEDIA



Training on Preparation on Teaching Aids



Workshop on Nursing Research and Statistics



Workshop on Communication Methodology
& Transfer of Technology



Training on Health Communication



Capacity building training on Communication and Education Technology

Workshop on Preparation of Teaching/Learning Materials



Media Practical for Health Visitor Course
(Promotional Training for ANM/MPHW(F) studentst



Training on Preparation on Teaching Aids



Workshop on Health Communication

3.1.3. CENTRAL UNIT (MANAGEMENT WING)

Objectives

- Training of District level Extension Educators from Andhra Pradesh, Tamil Nadu, Kerala, Karnataka and U.T. of Pondicherry as well as Extension Educators employed by the Ministries of Defense and Railways in the southern Zone.
- To provide technical guidance to the training centre's (Regional Family Planning Training Centre's and the Central Family Planning Field Units) in the Southern zone.
- Any other duties assigned from time to time by this Department according to the programme needs.

Trainings

- Training on Survey Methodology and Data Analysis for NGO key personnel was conducted on 18-08-2018. The objectives of the training were to understand the necessity of survey & data, design & formulate a survey questionnaire addressing key issues, carry out data collection and compile and validate the data and to analyze the data using SPSS software. There were 18 NGO key personnel working in Tamil Nadu attended this training.
- Training on Project proposal development and writing for NGO key personnel on 20&21 Dec.2018. The objectives of the training were to identify the currents trends of social issues in the community understand the demands of the funding agency and develop a systematic step in project proposal writing. There were 13 NGO key personnel working in Tamilnadu attended this training.



Session on Data Analysis using SPSS on
18.8.2018



Group work presentation on Proposal writing on
21.12.2018

Teaching:

Taken Sessions for other training programs

- ❖ Health Statistics /HMIS for the Short-term Training on Community Health Nursing for B.Sc(N)/ M.Sc(N) students conducted by RHTTI.
- ❖ Current Health Scenario, New Information Technologies in Health Education, Data collection and analysis using SPSS, for the Training on Communication and Educational Technology for B.Sc(N)/ M.Sc(N) conducted by CU-Media.

Proposal:

Prepared and submitted a proposal on 'ICT usage among teachers in government and private schools in Dindigul block, Dindigul district' to GRI, Gandhigram, Dindigul District.

Training attended:

- Attended Induction/Skill Development training for Statistical Assistants (26-28 Dec. '18) conducted by Directorate of FW, Chennai.

Inter-departmental support services:

- Three monitoring visits were made to LASI field areas in Andhra Pradesh and Telangana states
- Field visit to Sivaganga Government Medical College for BeMonc Training Co-ordination on 6.8.19.
- Performed as Warden for the Dr.Soundram Mess of our Institute since Aug. 2017

3.1.4. Health and Family Welfare Training Centre, Gandhigram

The HFWTC, Gandhigram is one of the seven Regional Training Institutes (RTIs) in the state and one of the 47 HFWTCs in India catering to the needs of in service training for Medical, Nursing and other Paramedical personnel working in the Govt. Primary Health Centers. The Gandhigram RTI covers four revenue districts having six HUDs namely Dindigul, Palani, Theni, Ramnad, Paramakudi and Sivaganga. The duration of training will vary from 1 day to two weeks.

Under National Health Mission (NHM) capacity building of Health functionaries and allied staff is given prime importance. Many skill Based & knowledge based trainings to the health providers are implemented to improve the skills & Knowledge of service providers to provide various health care delivery in the Institutions and as well as to create awareness among the community on availability and utilization of health care services.

Generally, the training programs are conducted as follows:

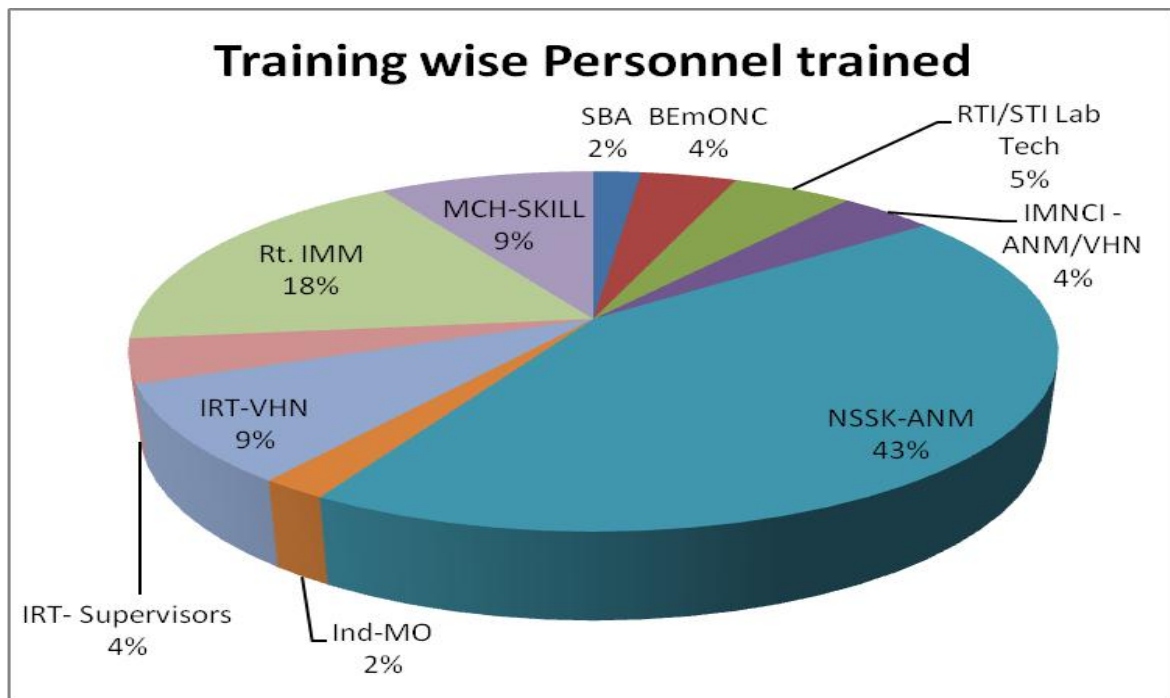
- Skill based training are conducted in the major government hospitals or medical college hospitals through six Regional Health Training Institutes (RTIs),
- Knowledge based training are conducted by the RTIs and by the district /block training teams and
- Community based training-through the district /block training teams coordinated and supervised by the RTIs.

During this year of reporting 91 % of the batches allotted have been completed as per the Comprehensive Training Plan approved by DPH&PM which includes programs under interim plan. Out of the 1837 candidates to be trained only 1445 candidates (79 %). The shortfall was due to the low deputation from the HUDs. Many of the training batches of Medical officers could not be conducted due to the MOs strike demanding the re-dressal of their grievances. As Medical guest faculty refused to take classes citing the unrest, many of the batches of RMNCH training, BEmONC training, Managerial Skill training had to be cancelled. District Health officials of HUDs cited vacant positions, conduct of special programs such as National Pulse Polio as the reasons for not deputing the candidates for training to our Institute. In certain cases it had been informed that there was more vacancy. These programs were funded by the State Health Society, Chennai.

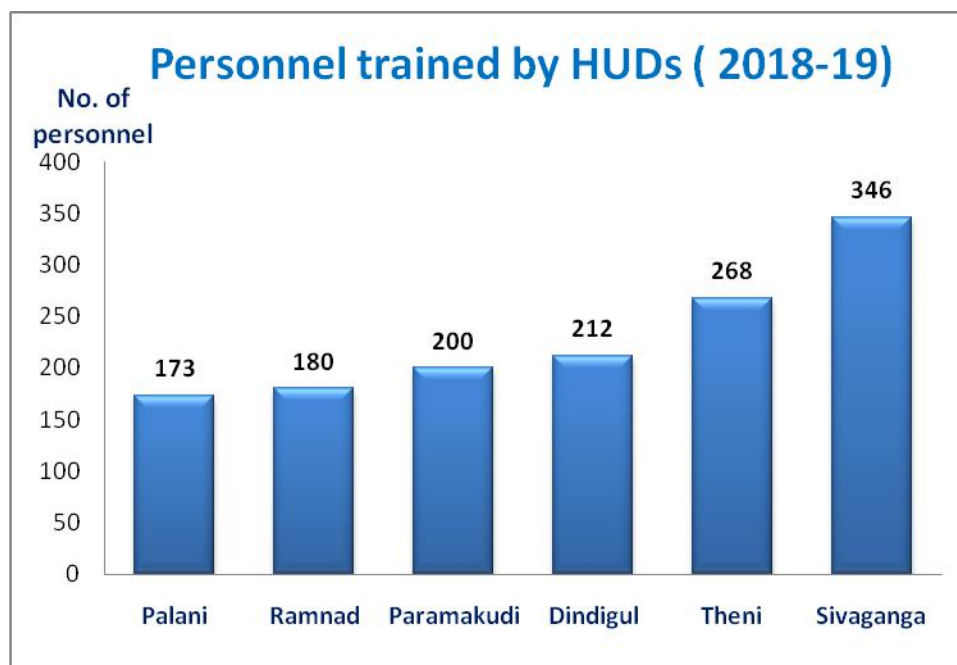
However, 13 batches of Routine immunization training were conducted for MOs of GPHCs in the interim plan and the Institute trained 260 MOs. These programs were funded by Director of Public Health and Preventive Medicine.

Sl. No	Name of the Training	No. of batches		Personnel		
		Planned	Conducted	Planned to be trained	No. of personnel trained	%
<u>a) As per CTP</u>						
1	MCH Skill lab training	9	10	144	125	87
2	BEmOC training to MOs	15	11	75	57	76
3	SBA Training(ANM)	11	3	66	23	35
4	RTI/STI Training to lab technicians	4	2	124	66	53
5	IMNCI trg for ANM/LV(Refresher)	2	2	48	54	113
6	NSSK trg forANM	33	30	990	631	64
7	Managerial skills/Induction training to MO	4	2	120	39	33
8	IRT-VHN	7	5	150	134	89
9	IRT-Supervisors	4	3	120	56	47
<u>b) Interim Plan</u>						
10	Routine Immunization	-	13	-	260	--
Total		89	81	1837	1445	79

i. Training wise personnel Trained



ii. Health Unit wise Training Performance



I Maternal Health

1. MCH Skill lab training to MOs and SNs

This hand on training imparts skill to Medical Officers and Staff nurses related to maternal and child health in the skill labs established in Regional Training Institutes. Developing the appropriate skills in midwifery and newborn care in skill laboratories using mannequins before the students are allowed to handle the humans is essential in the interest of the students as well patients. It is the ethical way of learning midwifery skills.



Well-trained Medical and Staff nurses when they enter actual midwifery practice will have confidence to deliver quality midwifery services. Hence, there is a need to establish skill laboratories with mannequins. A recent evaluation of listed critical skills of nurses emphasized the need for establishing MCH skill development laboratories in all the RTIs.

A total of 125 personnel were trained comprising 14 Medical officers and 111 SNs.

Eleven batches of MCH-Skill Lab training were conducted.

Name of Training	No. of batches	No. trained
MCH-Skill Lab	10	125

2. BEmOC Training (6 working days)

Approximately 15% of all pregnant women develop a potentially life-threatening complication that calls for skilled care and some will require a major obstetrical intervention to survive. The main causes of maternal death and disability are complications arising from hemorrhage, sepsis, unsafe abortion, eclampsia and obstructed labor.

The course follows a symptom-based approach to the management of life-threatening obstetric emergencies. The emphasis in this course is on rapid assessment and decision-making and clinical action steps based on clinical assessment with limited reliance on laboratory or other tests, suitable for district hospital and health centers in low resource settings. In addition, throughout the training course emphasis is placed on recognition of and respect for the right of women to life, health, privacy and dignity.

The training was conducted in the OG department of Govt. Theni Medical College Hospital. A total of 57 Medical officers (both Male and Lady MOs) underwent the training in 11 batches. Each batch of the training was conducted for a period of 6 days.

Name of Training	Medical college	No. of batches	No. trained
BEmOC	Theni	5	25
	Sivaganga	6	32

3. SBA Training

Skilled Birth Attendant (SBA) is considered as a person who can handle common obstetric and neonatal emergencies, recognize when the situation reaches a point beyond his/her capability and refers the woman or the newborn to a FRU/appropriate facility without delay. Government of India has taken policy initiatives to empower the ANMs/LHVs/SNs to make them competent for undertaking certain life saving measures. These measures are as follows:

- Permission to use Uterotonic drugs for prevention of PPH.
- Permission to use drugs in emergency situations prior to referral for stabilizing the patient.
- Permission to perform basic procedures at community level in emergency situations.

The objective of the training was to upgrade skills of ANMs/Staff Nurses posted in 24 hours PHCs to improve the quality of intra-partum and new born care in institution and achieve better maternal and infant salvage.



TOT trained medical and Staff Nurses of the hospital along with the faculty of the Institute are handling the sessions. SBA training to SNs is being conducted at Govt. Head Quarter Hospitals at Dindigul and Ramnad. A total of 69 Staff nurses were trained in batches during 2018-19.

Name of Training	No. of batches	No. trained
SBA	3	23

4. IMNCI training for ANM/LV(Refresher) (3 days)



Training Conducted by a team of experts



Training by panel of experts



Demonstration with Mannequins by experts

Integrated Management of Neonatal and Childhood Illness (IMNCI) is a strategy that targets children less than 5 years old — the age group that bears the highest burden of deaths from common childhood diseases. The IMNCI strategy includes both preventive and curative interventions that aim to improve practices in health facilities, the health system and at home. It specifies integrated case management of the most common neonatal and childhood problems with a focus on the most common causes of death. The strategy includes three main components:

- Improvements in the case-management skills of health staff through the provision of locally-adapted guidelines on Integrated Management of Neonatal and Childhood Illness and activities to promote their use.
- Improvements in the overall health system required for effective management of neonatal and childhood illness.
- Improvements in family and community health care practices.

In Tamilnadu as per the operational guidelines from GOI, State Health Society initiated IMNCI refresher training for all Health and Nutrition functionaries in batches for three working days each. Two batches of General IMNCI training was conducted in Gandhigram RTI and 54 personnel (CHN/SHN/VHNs) were trained comprising 47 VHNs, 6 ANMs and one Sector Health Nurse.

Name of Training	No. of batches	No. Trained
IMNCI-CHN/SHN/VHN	2	54

5. NSSK training for ANMs/ VHNs (2 working days)

The risk of a child dying before completing five years of age is still highest in the WHO African Region (76 per 1000 live births), around 8 times higher than that in the WHO European Region (9 per 1000 live births). India's under-five mortality rate now matches the global average (39 deaths per 1,000 live births), but the number of infant and neonatal deaths--and the performance of India's poorer neighbors--indicate that tackling newborn health remains a formidable challenge, according to a new [report](#) . These data indicate a continuing high mortality risk in the first year of life for Indian children.

As part of the Sustainable Development Goals set out by the UN, India has committed to reaching an under-five mortality rate of 25 deaths per 1,000 live births by 2030. Two-third of the neo-natal deaths occurred in the first week of life, two-third of those took place within the first 24 hours due to non-availability of delivery institutions in villages and smaller towns.



Guest lecture on New born Care

Causes of neonatal deaths include infection, complications related to premature birth, pneumonia, diarrhoea and measles apart from hypothermia and infection, and basic newborn resuscitation. Navjat Shishu Suraksha Karyakram – a new programme in Basic new-born care and resuscitation is one of the three prong strategies to focus on New Born Care in National Rural Health Mission (23% of neonatal death occurs due to asphyxia at birth).

A two-day training module for care providers at health facilities has been developed and training programme with TOT trained health team. The programme will enable the paramedical staff to save new born child and mother at various health centre's across the country.

A total of 631 ANMs/VHNs were trained in 30 batches during 2018-19 in our RTI.

Name of Training	No. of batches	No. Trained
NSSK-SN	30	631

II Other Training

6. Managerial skills/Induction training to MOs (15 days)

The Medical officers of GPHCs are the managers of its functions. To discharge their duties effectively, they need to have a good exposure on the organizational structure and functions of a Primary Health Centre. They have to know about the job functions of various categories of staff, supervisory arrangement, etc. They are exposed to various National Health Programs, management functions such as personnel, financial, material and vehicle management. They are also trained in the prevention and control of epidemics, IDSP, National Immunization Programme, Vector borne diseases, Communication skills, public speaking and other relevant topics to become effective managers of GPHCs.



Participatory learning and teaching methods are used throughout the course. Well experienced resource persons in the field of public health actually share their experiences. Inter disciplinary faculty add value addition to the training. Thirty Nine MOs were trained in two batches.

Name of Training	No. of batches	No. MOs trained
Managerial Skill Training to MOs	2	39

7. RTI/STI Training to Lab Technicians (2 days)

The prevention, control and management of STI/RTI is a well recognized cost effective strategy for controlling the spread of HIV/AIDS in the country as well as to reduce reproductive morbidity among sexually active population. Individuals with STI/RTI have a significantly higher chance of acquiring and transmitting HIV. Moreover STI/RTI are also known to cause infertility and reproductive morbidity. Controlling STI/RTI helps decrease HIV infection rates and provides a window of opportunity for counseling about HIV prevention and reproductive health. The Lab Technicians play a vital role in the detection

for the prevention and control and Management of STI/RTI cases in the community. With this objective 2 batches of RTI/STI training was organised for the Lab technicians of GPHCs and trained 66 personnel.

Name of Training	No. of batches	No. trained
RTI/STI	2	66

8. Integrated Refresher Training to VHNs (6 days)

Five batches of the Integrated Refresher training to VHNs was organized in the Institute and trained 134 VHNs for 6 days. The VHNs are the staff who really providing the services directly to the community. They were refreshed and updated with knowledge and skill in all the fields of their function such as their roles, AN care, Natal care, PN care, on-line reporting, management of sepsis, skin infection, pneumonia, management of diarrhea, adolescent health & anaemia control program, Cu-T insertion and removal, MVA syringe sterilization etc.,

Name of Training	No. of batches	No. MOs trained
IRT-VHN	5	134



9. Integrated Refresher Supervisors (CHNs/SHNs) (5 days)

Training to

The sector Health Nurses are the supervisors of VHNs in the periphery who were refreshed and updated with knowledge and skill in all the fields of their function such as their roles, AN care, Natal care, PN care, on-line reporting, management of sepsis, skin infection, pneumonia, management of diarrhoea, adolescent health & anaemia control program, Cu-T insertion and removal, MVA syringe sterilization etc., The training was for five working day. Three batches of training for 56 SHNs were conducted.

Name of Training	No. of batches	No. MOs trained
IRT-Supervisors	3	56

Routine Immunization training to MOs (3 working days)

Routine immunization (RI) is an important tool for child survival and to achieve Millennium Development Goal 4. India's Immunization Program has undergone a number of significant changes in recent years. These include a new policy environment (the National Health Mission), new vaccines (e.g. hepatitis B and Japanese Encephalitis), new procedures to solve old problems (e.g. injection safety) and new technologies for vaccine delivery and cold chain. Such changes underscore the need for constant attention, sharing of experience, creativity, and flexibility in responding to problems.

Introduction and Overview of UI, Immunization Schedule, Planning Immunization Services , Cold Chain and Logistics Management, Safe Injections and Waste Disposal, Adverse Events Following Immunization, Community Involvement and Communication, Supportive Supervision, Records, Reports and Using Data for Action, Vaccine Preventable Diseases and VPD Surveillance. The training was conducted by modular teaching, role plays and exercises. The participants were taken to a HSC, PHC and field survey for practical exposure. A total of 13 batches of the training was conducted and 260 MOs were trained.

Name of Training	No. of batches	No. Trained
Routine Immunization Training to MOs	13	260

III Other work

Cleaning and Greening Campaign

[
The Institute conducted cleaning and greening campaign from 15th September to 2nd October, 2018 as directed by the O/o of the State Public Health authority vide R.No. 79887/PHC6/A1/2018 dt. 14.09.2018.



3.1.5. POST GRADUATE DEPARTMENT OF HEALTH PROMOTION AND EDUCATION

(Affiliation with the Tamil Nadu Dr. M. G. R. Medical University, Chennai)

Introduction

The Gandhigram Institute of Rural Health and Family Welfare Trust is pioneer in commencing the Post Graduate Diploma in Health Promotion and Education Course (PGDHPE) in the year 1964, catering to the needs of appointing Health Educators as Block Health Educators/Block Extension Educators. The curriculum was developed by involving the policy-makers and programme executives both from Central and State Governments. The objective of the course is to produce the health education specialist who will promote the implementation of **National Health programmes** under National Health Mission (NHM), health care delivery and development of healthy behavior among people. This course is for one year (12 complete months). The student's sanctioned intake is 30 per batch.

The P.G. Diploma in Health Promotion and Education Course is affiliated with the Tamil Nadu Dr.M.G.R. Medical University, Chennai. It is a one year professional and residential course.

Objective of the course

The main objective of the course is to prepare Professional Health Educators who will be able to plan, implement and evaluate the Health Education Programme according to the prevailing health problems and the National Health Programmes.

Our Institute has successfully produced 1473 students who are effectively and efficiently involved in the aspect of health promotion and education in all the National Health programs and thus effectively contributing their services in National Health Mission.

Activities carried out

The theory classes had been conducted for the PGDHPE students regularly and as part of the course, the PGDHPE students visited their villages for conducting the Concurrent Field Training (CFT) programme in the month of April 2018. After survey and planning phase, the students implemented the planning phase programme in their respective villages. After conducting the OTC in their respective villages, many group meetings were conducted in all three CFT villages, in the meeting they imparted the Health Education to the community and tried to change their knowledge level, attitude level and the behavioral aspects.





Necessary steps had been taken for admission of candidates to the PGDHPE course for the year 2018-19 and the course prospectus and application form had been uploaded in our Institute website www.girhfwf.org and also we have sent the Intimation letter (both the soft and the hard copy) to all the states of India, especially like Andhra Pradesh, Telungana, Madhya Pradesh, Tamil Nadu, Karnataka, Kerala, Pondicherry, Odisha, Nagaland, Arunachal Pradesh, Sikkim, etc., and taking the follow up in this regard.

As part of the course, the PGDHPE (2017-18) students carried out Supervisory Field Training (SFT) programme for two months from 16.07.2018 to 15.09.2018. Steps were initiated for admission of candidates for the academic year 2018-19.

We have done the process of admission for the course of PGDHPE for the academic year 2018-19. As part of the PGDHPE Course, we have relieved the 25 students on 13.07.2018 from the institute for Supervisory Field Training (SFT) programme for their respective selective villages in Tamil Nadu and Andhra Pradesh and we have received the SFT joining report of the students through their respective SFT Guide.

As part of the PGDHPE course 2017-18, all students have successfully finished their Supervisory Field Training (SFT) in their respective villages for two months (from 15th July to 15th September 2018) and submitted their joining reports to the department on 17.09.2018.

We have conducted the model Examinations for the PGDHPE course 2017-18 from 18.09.2018 to 26.09.18. Subsequently, we conducted the model viva for the PGDHPE students. All students have appeared for the theory Examinations as well as for the model Viva-Voce.

We have conducted the model Viva-Voce for PGDHPE (2017-18) students all the 27 PGDHPE students have been appeared this model Viva-Voce.

On 03.10.2018 we prepared the invitation cards to celebrate "the 150th Gandhi Jayanthi" in Samiyarpatti village on 05.10.2018. We have distributed the invitation card to the various leaders in the village, other officials and the trust members also. On 05.10.2018 we celebrated "the 150th Gandhi Jayanthi" at 5.30pm in Hindu Primary Aided School, Samiyarpatti. All leaders, students and staff of the Institute have participated in the Gandhi Jayanthi celebration.

The theory examinations and Viva-Voce examination schedule is announced by the University from the 15th October 2018. The University theory examination for PGDHPE course 2017-18 commenced from 15.10.2018 to 24.10.2018 and the Viva-Voce examination were conducted on 29.10.2018.

The selection process and sent the selection order to the selected candidates for the admission of PGDHPE course for the year 2018-19.

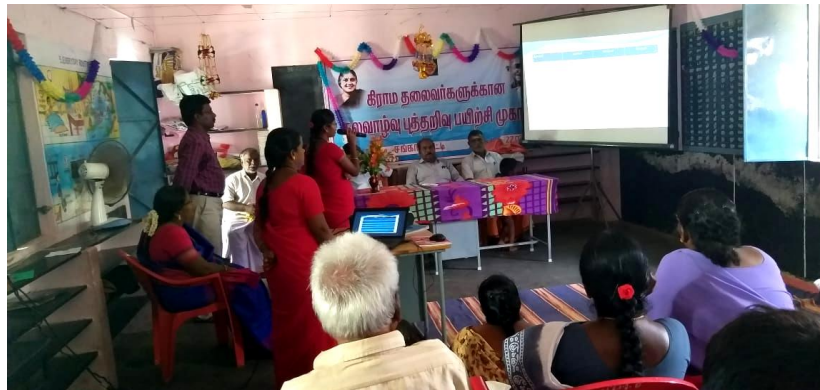
Admissions for the year 2018-19 (55th batch) – We had admitted 9 students, representing one from Nepal, two from Odisha, one from Andhra Pradesh, one from Sikkim and four from Tamil Nadu for the P.G. Diploma in Health Promotion and Education course in the month of October 2018.

Classroom Activities for the PGDHPE students

Apart from the routine sessions, orientation training on Concurrent Field Training (CFT) was conducted from 23.01.2019 to 31.01.2019 as a preparation for sending the PGDHPE students for carrying out the field activities in a selected village from the first of February 2019 onwards. The selection of the suitable village was carried out for the above said field activities. For the above field visit a permission letter was sent to the Deputy Director of Health Services, Dindigul district on 31.01.2019.

Concurrent Field Training (CFT) of PGDHPE students

Survey Phase: After the completion of orientation training on Concurrent Field Training (CFT) the students were taken to the selected village – Sangalpatty for carrying out the different surveys from 01.02.2019 to 10.02.2019 (10 days).



Observation Visits



The students were taken for observation visits to Thirumoorthy Nagar, Udumalpet to learn about slow sand filter water treatment and rapid sand filter water treatment on 15.02.2019 and to Madurai for visiting Aavin dairy farm, slaughter house at Nellpettai, sewage treatment farm and solid waste management plant in Avaniyapuram on 16.02.2019



Media Practical

The students were given hands on training in preparation of different health education materials (posters, flipcharts, flannel graph, hand bills, Notice, flash cards, puppets, banners along with computer operation, photography and videography) from 18.02.2019 to 28.02.2019 (10 days).



Concurrent Field Training (CFT) of PGDHPE students

After the completion of survey analysis the students organized Orientation Training Camp (OTC) for village leaders of Sangalpatti village on 22.03.2019 and formed a village health committee. After that, with the help of the village health committee members the students have organized different health education programmes on the identified health problems at sangalpatti village. They visit the village regularly two days / one day in a week alternatively.



RALLY



School Health Education

3.2. REGIONAL HEALTH TEACHERS' TRAINING INSTITUTE (RHTTI)

I) HEALTH VISITOR COURSE [PROMOTIONAL TRAINING FOR ANM/MPHW (F) – 6 Months VI-Batch (2017-18)]

We have commenced the VI-batch of the course on 25th October 2017, and enrolled 28 candidates from various municipal corporations of Tamil Nadu and Directorate of Medical and Rural Health Services.

- **Theory Session**

Theory sessions were taken by RHTTI faculty on Anatomy and Physiology, principles of nursing, Psychology, Sociology, Communication, Supervision and Management, Pediatrics, Midwifery and Community Health Nursing.

- **Model examination**

Model examinations were conducted from 05.04.2018 to 10.04.2018. After model examinations were over, study holidays for the Govt. board examinations were declared for the students from 11.04.2018 to 17.04.2018.

- **Govt. Board Examination**

The Govt. board examinations were conducted for the students from 18.04.2018 to 23.04.2018. The trainees were relieved on 24.04.2018 after completion of the Course.

The Internal mark list of 27 regular candidates sent to Directorate of Public Health and Preventive Medicine, Chennai.

- **Result**

The Government board examination results for 27 candidates of VI-batch (2017-18) received from Directorate of Public Health and Preventive Medicine, Chennai. All the 27 candidates were passed successfully and the course certificates were issued by the Board of Examination to the candidates.

II) HEALTH VISITOR COURSE [PROMOTIONAL TRAINING FOR ANM/MPHW (F)] – 6 Months VII-Batch (2018-19)

The recognition order/validity for the academic year 2018-19 received from Tamil Nadu Nurses and Midwives Council, Chennai, and Indian Nursing Council, New Delhi. Preliminary work has been initiated for admission of candidates. Admission intimation letters were sent to all municipal corporations of Tamil Nadu and Directorate of Medical and Rural Health Services to select and depute the candidates for the course.

Admission orders were sent to eligible candidates of the municipal corporations of Tamil Nadu and DMS for the course.

We have commenced the VII-batch of the course on 25th October 2018. We have enrolled 16 candidates from various Government hospitals, Medical college hospitals and Municipal corporations of Tamil Nadu.

S.No.	Deputed from DMS/DME/Municipal Corporation	No. of candidates
1	Govt. Medical College Hospital, Tiruvarur	1
2	Govt. Medical College Hospital, Dharmapuri	1
3	Government Headquarters Hospital, Kanchipuram District	4
4	Government Hospital, Kulithalai, Karur District	1
5	Government Hospital, Kangeyam, Tiruppur District	1
6	Government Hospital, Colachel, Kanyakumari District	1
7	Coimbatore Municipal Corporation	4
8	Urban Health Post, Karungalpatti, Salem Corporation	1
9	Urban Primary Health Centre, Ganesh Nagar, Palayamkottai, Tirunelveli District	1
10	Urban Primary Health Centre, Thoothukudi District	1
Total		16

Theory

Regular theory sessions were taken by RHTTI and HFWTC teaching faculty on Anatomy & Physiology, Principles of Nursing, Paediatrics, Midwifery, Community Health Nursing, Environmental Sanitation, Nutrition, Sociology and Psychology, Family Planning, Communication, Supervision & Management, Lesson Plan & Practice Teaching, and Health Education.

Clinical posting

Trainees were posted for their clinical experience at Government District Headquarters Hospital, Dindigul, from 03.12.2018 to 15.12.2018. During the clinical posting, the trainees were able to give bedside nursing care for the patients in the medical ward, surgical ward, paediatric ward and maternity wards. In addition to that, as part of the curriculum requirement, they have completed two nursing care plans of medical surgical and paediatrics, mother care record and clinical presentation on various diseases.

Observation Visit & Community Postings

S.No.	Period	Place	Posting for (subjects)
1.	21.12.2018	Blood Bank and Anbagam AIDS Care Centre, Dindigul	<ul style="list-style-type: none"> To learn about functions and storage facilities of Blood Bank To learn about HIV/AIDS and care of HIV/AIDS patients at AIDS care centre
2.	08.01.2019	District Tuberculosis Centre, Dindigul Govt. Headquarters Hospital, Dindigul	To learn about RNTCP, Lab investigations, Drug regimen and care of TB patients
3.	09.01.2019 to 11.01.2019	Family Planning Association of India, Dindigul	To learn about various family planning methods, and to observe laparoscopy and pre, post care of family planning procedures

4.	04.02.2019 to 16.02.2019	Concurrent Field Training at Nariyuthu village at Palampatti Health Subcentre area, Ammayanayakanur Block PHC area	To learn about Household survey, Participatory Learning Methods/ Techniques, Nutrition Demonstration, Immunization and School Health program
5.	04.03.2019 to 06.03.2019	Supervisory Field Training (SFT) at Rural Health Centres, Ammayanayakkanur Block PHC	To understand the set up and functions of Health Sub centre in the Rural area.
6.	07.03.2019 to 08.03.2019	Supervisory Field Training (SFT) at Urban Health Centres, Dindigul Municipal Corporation	To understand the set up and functions of Urban health centre.

Concurrent Field Training

Concurrent Field Training (CFT) at Palampatti and Kattunayakkanpatti village, Ammayanayakanur Block PHC area, was conducted from 04.02.2018 to 16.02.2019.

During the CFT posting, the trainees were able to do the following activities:

- Orientation, village transect, numbering of houses and community mapping
- Conduction of household survey
- Continuation of household survey and consolidation of survey
- Participating in school health programme
- ICDS visit and under-five assessment
- Participating in outreach services
- Conduction of focus group discussion
- Participating in Ante Natal Clinic and administration of vitamin-A prophylaxis
- Conduction of Participatory Learning Methods techniques
- Health Sub-Centre (HSC) visit and participating in immunization programme
- Nutrition demonstration and exhibition
- Conduction of orientation training camp for the leaders

Media Practical

The trainees were posted in Media division on 28.02.2019 to 02.03.2019 to learn about preparation and use of Audio Visual Aids.

Pulse Polio Immunization campaign

HV Trainees participated in pulse polio immunization in the area belongs to Dindigul Corporation from 28.01.2018 to 30.01.2018.

Supervisory Field Training (SFT)

The trainees were posted for Supervisory Field Training (SFT) at Urban Health Centre's, Dindigul Municipal Corporation for a period of 2 days from 07.03.2019 & 08.03.2019. The following activities were carried out by the trainees during their SFT:

- UPHC orientation
- Attending antenatal clinic at Urban Health Centre
- Discussion with UHN/HV/MCHO about their roles & responsibilities
- Participating in the UPHC activities
- Learning the records & the reports

- Attending review meeting at UPHC
 - Preparation of ATP, FTP and Duty roaster
 - Participating in the immunization clinic conducted at Saveriyarpalayam Health post
 - Health centre visit and use of facility assessment check list at Mariyanathapuram
- Attending theory sessions taken by Medical Officer and others at PHC.

Government Board Examination

The Govt. Board examinations were conducted for the students from 12.04.2019 to 24.04.2019. The trainees were relieved on 24.04.2019 after completion of the Course.

III) SHORT TERM TRAINING ON COMMUNITY HEALTH NURSING EXPERIENCE

Sl. No.	Name of the College	Category of students			Duration	No. of trainees
			From	To		
1.	Saveetha College of Nursing, Chennai	B.Sc.(N)	02.04.2018	06.04.2018	5 days	24
2.	St. Thomas College of Nursing, Kerala	B.Sc.(N)	09.04.2018	13.04.2018	5 days	24
3.	Bishop Benziger College of Nursing, Kerala	M.Sc.(N)	09.04.2018	13.04.2018	5 days	1
4.	St. Thomas College of Nursing, Kerala	B.Sc.(N)	16.04.2018	20.04.2018	5 days	21
5.	Nehru College of Nursing, Tirunelveli	B.Sc.(N)	25.04.2018	29.04.2018	5 days	34
6.	Pondicherry University Community College, Puducherry	D.S.I.	13.04.2018	--	1 day	28
7.	Seventh Day Adventist College of Nursing, Kerala	B.Sc.(N)	07.05.2018	09.05.2018	3 days	31
8.	Al Shifa College of Nursing, Kerala	B.Sc.(N)	14.05.2018	18.05.2018	5 days	28
9.	Al Shifa College of Nursing, Kerala	B.Sc.(N)	21.05.2018	25.05.2018	5 days	27
10.	State Institute of Health and Family Welfare, Bangalore	C.P.H.N.	04.06.2018	06.06.2018	3 days	30
11.	Vignesh Colllege of Nursing, Thiruvannamalai	M.Sc.(N)	04.06.2018	08.06.2018	5 days	6
12.	Almas College of Nursing, Kerala	B.Sc.(N)	02.07.2018	06.07.2018	5 days	38
13.	Christian College of Nursing, Ambilikkai	B.Sc.(N)	11.07.2018	--	1 day	47
14.	M.E.S. College of Nursing, Kerala	M.Sc.(N)	16.07.2018	20.07.2018	5 days	4

15.	O.P.R. Memorial School of Nursing, Cuddalore	D.G.N.M.	22.10.2018	26.10.2018	5 days	18
16.	Kasturba Gandhi School of Nursing, Kanchipuram	D.G.N.M.	22.10.2018	26.10.2018	5 days	9
17.	V.V. Vanniaperumal Nursing College, Virudhunagar	B.Sc.(N)	12.11.2018	16.11.2018	5 days	34
18.	Dr. Mahalingam Institute of Paramedical Science & Research, Erode	D.G.N.M. B.Sc.(N)	03.12.2018	07.12.2018	5 days	26 26
19.	Assissi College of Nursing, Kerala	B.Sc.(N)	10.12.2018	14.12.2018	5 days	40
20.	Dr. Mahalingam Institute of Paramedical Science & Research, Erode	B.Sc.(N)	17.12.2018	21.12.2018	5 days	26
21.	K.M.C. College of Nursing, Trichy	B.Sc.(N)	07.01.2019	11.01.2019	5 days	37
22.	Nehru College of Nursing, Kerala	B.Sc.(N)	21.01.2018	25.01.2018	5 days	36
23.	Aswini College of Nursing, Kerala	B.Sc.(N)	28.01.2019	01.02.2019	5 days	30
24.	O.P.R. Memorial College of Paramedical Sciences, Cuddalore	B.Sc.(N)	04.02.2019	08.02.2019	5 days	29
25.	O.P.R. Memorial College of Paramedical Sciences, Cuddalore	B.Sc.(N)	11.02.2019	15.02.2019	5 days	29
26.	Nehru College of Nursing, Tirunelveli	B.Sc.(N)	18.02.2019	22.02.2019	5 days	22
27.	Nehru College of Nursing, Tirunelveli	B.Sc.(N)	25.02.2019	01.03.2019	5 days	21
28.	Josco College of Nursing, Kerala	M.Sc.(N)	25.02.2019	01.03.2019	5 days	2
29.	Aswini College of Nursing, Kerala	B.Sc.(N)	11.03.2019	15.03.2019	5 days	28
30.	Mother Theresa Post Graduate and Research Institute of Health Sciences, Pondicherry	M.Sc.(N)	25.03.2019	29.03.2019	5 days	9
Total						765

The following teaching learning activities were carried out during their community experience at our Institute:

- Introduction and video film on genesis of the Institute
- Visit to Rural Energy Centre at Gandhigram, Sanitation Park at Gandhigram Rural University
- Observation visit to HIV/AIDS Terminal Care Centre at Anbagam, Dindigul
- Observation visit to CHC, Kosavapatty and HSC, Nochiyodaipatti
- Theory classes on IEC, preparation and handling of AV Aids, Community Organization and Development, Community Diagnosis, Community Participation and Community Need Assessment approach, PLM techniques, Organization of Health Education program in the community, Puppet preparation, NRHM, Health Care Delivery System, HMIS, etc.



Visit to District Tuberculosis Centre at District Govt. Headquarters Hospital, Dindigul



School Health Programme at Nariyoothu Village





PLM Technique Demonstration at Nariyoothu village



Nutrition Demonstration and Exhibition at Nariyoothu village



Orientation Camp for the leaders at Nariyoothu village

* * * * *

4. Self financing course

4.1. Diploma in Medical Laboratory Technology (DMLT)-2 years

The Gandhigram Institute of Rural and Family Welfare Trust is conducting a self financing two year Diploma course in Medical Laboratory Technology (DMLT) Course approved by the Directorate of Medical Education, Govt of Tamil Nadu vide GO (MS) No- 122 of Health and Family Welfare (PME) Department dated 03.04.2012.



Objectives of the course:

At the end of the course, the students will able to

- Perform all the pathological, serological and bio-chemical examinations of all the samples of human being efficiently.
- Develop and enforce a professional code of conduct.
- Understand and perform their roles in National Health Programmes in hospital settings.

A total of 45 students were undergoing the course in 2018-2019 as follows:

Batch No	Academic Year	No .of Students		
		Male	Female	Total
VI	2016 – 2018	3	12	15
VII	2017 – 2019	7	8	15
VIII	2018-2020	1	14	15

Activities of the DMLT course:

a) Regular theory and practical classes



Sixth and VII batch of DMLT students attended the theory and practical classes as per the curriculum given by King Institute of Preventive Medicine and Research, Chennai.

b) Lab experience in hospital settings

As per the curriculum of the course 15 students (2016 – 2018 batch) attended one month Laboratory training from 03rd September to 5th October 2018 at District Head Quarters Hospital, Dindigul. They had the skill practice in the following labs:

- General lab
- Blood bank
- ICTC
- RNTCP.



The batch also attended 3 months internship training from 2nd January 2019 to 30th March 2019 at Kasturba Hospital, Gandhigram.

c) Achievement in Medical Board Examination

The DMLT students (2016 – 2018 batch) appeared for the Medical board examination conducted by the Directorate of Medical Education, Govt. of Tamil Nadu. All students of this batch passed out the exam successfully.

d) Admission of candidates for the academic year 2019 -2021.

As per the new GO Ms. No. 357 Health and Family Welfare (PME-2) dt. 09.10.2017 admission work has been started for 30 candidates for the academic year 2019-20.



**DMLT Inauguration for the
Academic year 2018 - 20**



**Lighting Ceremony during
Valedictory function**

5. DISSEMINATION UNIT

5.1. Library

Print and E –Document Collection:

- ✓ During the year under report 42 new books, 45 e-Books, e-articles-700 and 75 bound volumes of journals were added to the collection. In addition to this, library has also received 150 other health documents. The total number of documents in the collection has reached a significant figure of 10704 volumes.
- ✓ During the period, totally we have purchased 100 Books and subscription of 20 Journals, Magazine, and News papers with cost of 75000.00.
- ✓ To make users more satisfied and fulfill their immediate needs for research and academic activities, GIRH Library have enriched its collection of Printed and Electronic resources. Now we have 5000 electronic resources available in its collection for full access and download on perpetual access basis.
- ✓ GIRH Library has strong base of users who visited and heavily utilized the services of library during this year.

Document Delivery Service:

- ✓ During this period, a total of more than 300 books transaction done to the users, 275 articles request was received and 350 articles, 200 health related news paper articles, and 100 health documents were delivered to them.
- ✓ The information about the collection, infrastructure, services and specific features of GIRH Library being oriented to the users.
- ✓ Based on the user need/request librarian providing electronic resources and serviced collecting from PubMed and other health databases.
- ✓ During the year through reprographic service, computer printer and Xerox facilities has been provided to library users.

Membership and user's statistics:

During this year, 100 new members including DMLT and DHPE, Health Visitors students' Faculty & Staff members, and special members were enrolled as library users. Besides, memberships of existing 50 members were also renewed. Approximately 2000 users visited and utilized the library during this year.

6. ADMINISTRATIVE STRUCTURE

6.1. LIST OF BOARD MEMBERS

Board of Trustees - Members address list (2018-2019)

Smt. Sheela Rani Chunkath, IAS (Rtd) No. 17, Kaveri Salai, Kalachetra Colony, Besant Nagar, Chennai – 600 090. Chairman	The Secretary to Government of India Ministry of Health and Family Welfare Nirman Bhavan New Delhi – 110 108 Ph: 011-23062432 / 23061863 Member
The Secretary to Govt. of Tamil Nadu Health and Family Welfare Department Government of Tamil Nadu Secretariat Chennai – 600 009 Ph: 044-25671875 Member	The Director of Public Health & Preventive DMS Office Complex, Medicine, 359 Anna Salai, Teynampet Chennai – 600 006 Ph: 044-24320802 dphpm@rediffmail.com Member
The Director International Institute for Population Sciences (Deemed University) Govandi Station Road Deonar, Mumbai – 400 088 Ph: 022-25562062 / 25573943 Member	The District Collector, Dindigul District Velunachiar Compound Dindigul – 624 001 Member
The Senior Regional Director Regional Office for Health & Family Welfare (Ministry of Health & Family Welfare) Govt. of India, A-2A, Rajaji Bhawan Besant Nagar, Chennai – 600 090 Ph: 044-24919232 Member	Dr.R. Jayaraman Principal Officer-CED Trust, Paddy and Flower Market Complex, Mattuthavani, Madurai – 625 007. Cell No. 9443069056 Member
Shri.K.Shivakumar, Managing Trustee, Gandhigram Trust Gandhigram – 624 302 Ph: 0451 – 2452326 Member	The Vice Chancellor Gandhigram Rural University Gandhigram – 624 302 Ph: 0451 – 2452371 Member
Dr. G. Natchiar Director (HRD) Aravind Eye Hospital, Anna Nagar Madurai – 625 020 Member	Dr.R. KousalyaDevi Life Trustee Gandhigram Trust Gandhigram – 624 302 Special Invitee
Shri D.V. Jayaraman M/s. V. Ramaswamy Iyer & Co., Chartered Accountants A-55, M.V.M. Nagar, Karur Road Dindigul – 624 001 Special Invitee	The Medical Superintendent Kasturba Hospital Gandhigram – 624 302 0451-2452328 Member
Sri. R. D. Thulasiraj, Director – Operations, Aravind Eye Care System & ED-LAICO 72, Kuruvikaran Salai, Gandhi Nagar, Madurai – 625 020. Member	Dr. Aram Subramaniam, Madurai Medical College, Madurai – 625 020. Member
Member Secretary The Director, GIRH & FWT Soundram Nagar Gandhigram – 624 302 Member	Shri. M.P. Vasimalai Executive Director DHAN Foundation 1A, Vaidyanathapuram East, Kennet Cross Road, Madurai – 625 016 Member

6.2. LIST OF EXECUTIVE COMMITTEE MEMBERS:

EXECUTIVE COMMITTEE MEMBERS LIST (2018-2019)

S. NO.	EXECUTIVE COMMITTEE MEMBER NAME & ADDRESS	STATUS ON THE EXECUTIVE COMMITTEE
1.	Sri K. Shivakumar Managing Trustee Gandhigram Trust GANDHIGRAM – 624 302	Chairperson
2.	Dr. R. Kousalya Devi Life Trustee Gandhigram Trust GANDHIGRAM – 624 302	Special Invitee
3.	The Vice Chancellor, Gandhigram Rural University GANDHIGRAM – 624 302	Member
4.	Sri D.V. Jayaraman (Institute Auditor) Partner M/s. V. Ramasamy Iyer & Co., A-55, M.V.M. Nagar Karur Road DINDIGUL – 624 001 0451-2430744 / 9443023643	Member
5.	Shri. M.P. Vasimalai Executive Director DHAN Foundation 1A, Vaidyanathapuram East, Kennet Cross Road, Madurai – 625 016.	Member
6.	Dr. Aram Subramaniam, Madurai Medical College, Madurai – 625 020	Member
7.	Director GIRH & FWT Soundram Nagar GANDHIGRAM – 624 302	Member Secretary
8.	Dr.M. Chellamuthu, Teaching Assistant-DHPE, GIRH & FWT Soundram Nagar GANDHIGRAM – 624 302	Elected Member (Teaching staff)
9.	Sri. R. Nallendiran, Upper Division Clerk, GIRH & FWT Soundram Nagar GANDHIGRAM – 624 302	Elected Member (Non-Teaching staff)

Board has constituted a Finance Committee to review the financial position of the Institute and accounting system, scrutinize the budget, analyze expenditure and suggest methods to improve the financial position of the Institute. The Finance Committee reviews all the audited reports and suggests steps to implement them.

6.3. FINANCE COMMITTEE MEMBERS LIST 2018-2019

S.NO.	FINACE COMMITTEE MEMBER NAME & ADDRESS	STATUS ON THE FINANCE COMMITTEE
1	Shri K Shivakumar, B.Sc.,FCA.,FICWA.,DMA.(ICA), Finance Committee (GIRH & FWT.,) Managing Trustee, Gandhigram Trust, Gandhigram 624 302.	CONVENER
2	Dr.G. Pankajam, Member, Finance Committee (GIRH & FWT.,) Secretary, Gandhigram Trust, Gandhigram – 624 302. Ph: 0451 – 2452326	Member
3	Prof. Dr.R. Jayaraman Member, Finance Committee (GIRH & FWT.,) Principal Officer, CED Trust 54, Visuvasapuri First Street, Gnanaolivupuram, Madurai – 625 016. Cell No. 9443069056 Ph : 0452-2459109	Member
4	Shri D.V. Jayaraman, B.Com., F.C.A., Chartered Accountants Member, Finance Committee (GIRH & FWT.,) M/s. V. Ramasamy Iyer & Co., A-55, M.V.M. Nagar, Karur Road Dindigul – 624 001 Ph: 0451-2430744 / 2431944	Member
5	The Director GIRH & FWT Soundram Nagar Gandhigram – 624 302 Member Secretary	Member

7. ANNEXURES

7.1. Participation of faculty/staff members in workshop/seminars/meetings

Name & Designation	Program details	Date	Place
Dr.S. Ravichandran, Chief	Attended the Workshop to develop papers based on the Nutrition and Child Health Data	20.06.2018 to 22.06.2018	Gujarat (CNSG), Maharashtra (CNSM)& NFHS
Dr.S. Ravichandran, Chief	Attended the Training of trainers on Coverage Evaluation Survey-2018	06.08.2018 to 08.08.2018	NIHFW, New Delhi
Dr.S. Ravichandran, Chief	Monitored the coverage evaluation survey-2018, House listing	--	Andhra Pradesh & Telengana
Dr,N.Dhanabhagym, Assistant Chief	Attended the Training of trainers on Coverage, Evaluation Survey-2018	06.08.2018 to 08.08.2018	NIHFW, New Delhi
Dr,N.Dhanabhagym, Assistant Chief	Monitored the coverage evaluation survey-2018, House listing training conducted by KANTAAR	17.08.2018 to 18.08.2018	Madurai
Mr.V.Saravanakumar Research Investigator	Presnted a paper at the 39 th Annual Conference of Indian Association for the Study of Population(IASP) on Population, Gender and Development	18.09.2018 to 20.09.2018	Hindu Banaras University, Varanasi
Mr.V.Saravanakumar Research Investigator	Attended 16 th Annual Conference of "Indian Association for Social Science and Health (IASSH)" on Health, Wellbeing and Regional Development: Emerging Issues and Challenges"	08.12.2018 to 12.12.2018	Jawaharlal University, New Delhi
K.Ilango Samuel Peter, STO(C&M)	Resource Person for National Education day Program. A presentation was made on The role of Communication in Education	10.11.2018	Lakshmi College of Nursing, Gandhigram
K.Ilango Samuel Peter, STO(C&M)	Resource Person for Children's day program. A presentation was made on Communication for school health education	14.11.2018	CSI Jeyaraj Annapackiam College of Nursing, Madurai
K.Ilango Samuel Peter, STO(C&M)	Special Invitee for the Board of Studies meeting of B.Voc(Multimedia Production Technology)	19.11.2018	Gandhigram Rural Institute, Gandhigram
K.Ilango Samuel Peter, STO(C&M)	Special Invitee for the Board of Studies meeting of B.Voc(Multimedia Production Technology)	22.03.2019	Gandhigram Rural Institute, Gandhigram
Smt. K. Alageswari PHNO	Review meeting on Special Intensified Mission Indradhanush Round-2, Mission Antyodaya, Dr. Muthulakshmi Reddy Maternity Benefit Scheme, Ayushman Bharath organized by Director of Public Health & Preventive Medicine, Chennai	17.05.2018	Health & Family Welfare Training Centre, Egmore, Chennai

**7.2. SANCTIONED STAFF STRENGTH (2018-2019)
(GOVT. GRANTS AND INSTITUTE FUNDS)**

I. GOVERNMENT GRANT

S. No.	Name of the post	Permanent		
		Sanctioned	Filled in	Vacant
<u>1.1. CTI-Central Unit</u>				
1.	Director	1	1	0
2.	Senior Training Officer (Mgmt.)	1	0	1
3.	Senior Technical Officer (Comm. & Media)	1	1	0
4.	Statistical Assistant	1	1	0
	Total	4	3	1
<u>1.2. CTI-Diploma in Health Promotion & Edn.</u>				
5.	Professor in Health Education	1	0	1
6.	Lecturer in Health Education (Medical)	1	0	1
7.	Lecturer in Health Education (Non-Medical)	1	1	0
8.	Lecturer in Behavioural Sciences	1	1	0
9.	Teaching Assistant	4	3	1
	Total	8	5	3
<u>1.3. CTI-Health & Family Welfare Trg. Centre</u>				
10.	Principal	1	1	0
11.	Medical Lecturer-cum-Demonstrator	1	0	1
12.	Social Science Instructor	1	0	1
13.	Health Education Instructor	1	1	0
14.	Statistician	1	1	0
15.	Public Health Nurse Instructor	1	1	0
16.	Health Education Extension Officer	1	1	0
17.	Senior Sanitarian	1	1	0
18.	Senior Health Inspector	2	1	1
	Total	10	7	3
<u>1.4. CTI-Administrative Unit</u>				
19.	Administrative Officer	1	1	0
20.	Office Superintendent	1	1	0
21.	Senior Accountant	1	1	0
22.	Stenographer	1	0	1
23.	Steno-Typist	3	3	0
24.	Librarian	1	1	0
25.	Upper Division Clerk	2	2	0
26.	Artist-cum-Draftsman	1	1	0
27.	Projectionist	1	1	0
28.	Store Keeper-cum-Clerk	1	1	0
29.	Clerk-cum-Typist	2	1	1
30.	Driver	6	1	5
31.	Attender	2	2	0
32.	Peon-cum-Daftry	1	1	0
33.	Domestic Staff	3	3	0
	Total	27	20	7

S. No.	Name of the post	Permanent		
		Sanctioned	Filled in	Vacant
<u>2. Regional Health Teachers Training Institute</u>				
34.	Principal	1	1	0
35.	Public Health Nursing Officer	3	1	2
36.	Senior Sanitarian Officer	1	1	0
37.	Health Education Officer	1	0	1
38.	Lower Division Clerk	1	1	0
39.	Steward – cum-clerk	1	1	0
40.	Attender	1	0	1
41.	Domestic Staff	2	2	0
42.	Cook	1	1	0
	Total	12	8	4
<u>Population Research Centre</u>				
43.	Chief	1	1	0
44.	Assistant Chief	1	1	0
45.	Research Officer	2	0	2
46.	Research Investigator	4	2	2
47.	Field Investigator	4	3	1
48.	Data Assistant	4	3	1
49.	Documentalist	1	0	1
50.	Office Superintendent	1	0	1
51.	Assistant	1	0	1
52.	Upper Division Clerk	1	1	0
53.	Lower Division Clerk	1	1	0
54.	Driver	1	1	0
55.	Attender	1	1	0
	Total	23	14	9
	TOTAL	84	57	27

II. INSTITUTE FUND

S. No.	Name of the post	Permanent		
		Sanctioned	Filled in	Vacant
1.	Accounts Officer	1	0	1

III. BUILDING MAINTENANCE FUND

S. No.	Name of the post	Permanent		
		Sanctioned	Filled in	Vacant
1.	Electrician-cum-Pumpman	1	1	0

IV. MESS

S. No.	Name of the post	Permanent		
		Sanctioned	Filled in	Vacant
1.	Cook	1	1	0

RECRUITMENT DETAILS FOR THE YEAR 2018-2019

Positions (Contract)

S. No.	Name & Designation	Grant	Date of joining
1.	Dr. M. Ambika, Documentalist	PRC (on contract basis)	24.08.2018 FN
2.	Mr. L. Lakkanakumar, Field Investigator	“	02.01.2019 FN
3.	Mr. S. Jagadeeshkumar, Driver	“	20.08.2018 FN
4.	Mr. P. Thiruppathi	“	23.08.2018 FN

RETIREMENT DETAILS FOR THE YEAR 2018-2019

Permanent Positions:

S. No	Name & Designation	Grant	Date
1	Smt. A. Thanamary Office Superintendent	CTI-AU	Retired on superannuation on 31.12.2018 AN
2.	Sri. R. Palanichamy Senior Health Inspector	CTI-HFWTC	Retired on superannuation on 28.02.2019 AN



**The Gandhigram Institute of Rural Health
and Family welfare Trust**

Soundram nagar, Gandhigram Post, Dindigul -624 302
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